

February 10, 2017

Dear Parents,

Schools nationwide have found that adding walking and running opportunities for their students is a cost-effective approach to increasing physical activity. I will be starting this year's walking club after school beginning Thursday, February 23rd on Thursdays for any students in grades 1-8, faculty, staff or parents from 3-3:30. We will be walking around the campus like we did for the Race for Education. If the weather is poor, we will do cardio drumming in the resource room or walk through the building. In order for students to participate, they will need to have the permission slip at the bottom of this letter returned prior to walking. Parents will need to be Shield the Vulnerable trained before they walk with us. When students finish at 3:30, they will immediately report to After Care if a parent is not here for them. The only cost for this club is a happy attitude! Gym shoes are suggested in order to keep uniform shoes in good shape.

I look forward to seeing many of you out there with us as we start putting on the miles!

Sincerely,

Lois Gorman

Principal

This must be returned before anyone is allowed to walk.

I give my child _____ grade _____ permission to walk in the Walking Club from 3-3:30 on Thursdays at Our Lady of Victory Catholic School. I can be reached at _____ in case of any emergency.

Parent Signature.....Date.....

